

Fruit & Nuts



Actinidia kolomikta Arctic Beauty
Arctic Beauty Hardy Kiwi - Male
1003070

Zone: 4

Height: 12-15 ft

Spread: 12-15 ft

Exposure: Full Sun/Partial Sun

This plant will show bold splashes of white and pink, turning a non-descript plant into a WOW machine. 'Arctic Beauty' is a male Kiwi so it will not provide fruit, only loads of color in a half to full sun area. Plant near a female (available biannually) and you will have a cool crop of miniature kiwi's for fruit salads, or they are delicious right off the vine. The skin is thin and the entire fruit can be eaten similar to a grape.



Actinidia 'September Sun'
September Sun Hardy Kiwi -
Female
1013000

Zone: 3

Height: 15-20 ft

Spread: 15-20 ft

Exposure: Full Sun/Partial Sun

This fast growing vine always has landscape interest with plentiful, small, white bloom in spring, breathtaking white and pink irregularly variegated foliage and a flood of sweet, small, tasty fruit in summer. Easy to grow and perfect for screening.



Juglans nigra
Black Walnut
1010513

Zone: 4

Height: 50-75 ft

Spread: 50-75 ft

Exposure: Full Sun

Black walnuts are very tall, statuesque, shade trees best planted in informal settings. Their wood is prized for furniture building and over-harvesting has caused a serious decline in native populations. They are host plants for over 100 species of butterflies and moths! Plant this tree in full sun where it will have room to grow and falling nuts will not be a problem.





Malus 'Freedom'
Freedom Semi-Dwarf Apple
1013741

Zone: 4
Height: 12-18 ft
Spread: 12-18 ft
Exposure: Full Sun

This 'Freedom' tree will give you so much freedom to attend to your other horticulture needs with its easy-care manner. Great disease resistance, vigorous producing tree will yield sweet and crisp fruit! These apples are great for cider, juicing, cooking, and plain eating.



Malus Frostbite™
Frostbite Apple
1013733

Zone: 3
Height: 12-15 ft
Spread: 13-15 ft
Exposure: Full Sun/Partial Sun

Medium sized apple tree with a rounded form. Use its 2.5", maroon red fruit in desserts, cider, or drying! Ripens in late September to mid-October, and will last on the shelf for up to 3 months.



Malus X Honeycrisp
Honeycrisp Apple
1000610

Zone: 4
Height: 12-16 ft
Spread: 10-15 ft
Exposure: Full Sun

Semi-dwarf. Great for taste and even better for storage, this sweet-flavored late season selection retains its crispness even after seven months of storage! 'Honeycrisp' is not only becoming an orchard favorite, it is becoming a "must have" tree for the home fruit garden because of its versatility, taste and productivity as well as its remarkable ability to stay crisp for months. Cortland Apple is a good pollinizer!

Malus domestica JonaStar®

Jonastar Apple

1020206

Zone: 4

Height: 12-15 ft

Spread: 12-15 ft

Exposure: Full Sun

A relative to the "Jonagold" apple tree, this variety offers the same reliability but with redder, juicier, and larger apples. Apples grow throughout the tree, making it burst with bright red color all throughout the season.



Malus 4 - in - 1 Cold Climate

4 - in -1 Cold Climate Apple

1007032

Zone: 4

Height: 12-15 ft

Spread: 12-15 ft

Exposure: Full Sun

Save room and pollination concerns with the 4-in-1 cold climate apple created from grafting from an assorted selection of cold climate hardy apples. These are the varieties that are used in the grafting: Braeburn, Cortland, Fuji, Gala, Granny Smith, Gravenstein, Jonagold, Jonathon, Melrose, Red Delicious, Red McIntosh, Spartan, Yellow Delicious, Yellow Transparent, and Winesap. Four of these varieties are grafted on the same plant!!



Prunus Contender

Contender Peach

1009921

Zone: 4

Height: 10-12 ft

Spread: 10-12 ft

Exposure: Full Shade

A petite and adorable addition to add to your landscape, woodland gardens, or containers that blooms from early spring through the summer. Large blue and purple flowers that when cut can last up to 2 weeks!





Prunus Sweet Cherry Pie™
Sweet Cherry Pie™ Cherry
1012450

Zone: 4

Height: 13-15 ft

Spread: 10-12 in

Exposure: Full Sun/Partial Sun

The cherries from the Sweet Cherry Pie™ tree are fantastic for jams, jellies and pies. Imagine being able to pick cherries in your back yard for homemade summer pies! Hardy to Zone 4, even northern gardeners can grow homemade fruit. With its relatively compact size, growing to 15', this is a great tree for a home garden or small orchard.



Prunus X Reliance
Reliance Peach
1000615

Zone: 4

Height: 10-12 ft

Spread: 10-12 ft

Exposure: Full Sun

Standard. One of the hardiest of all peaches, ripens mid to late August with greenish yellow coloring and a slight blush of red. Flesh is bright yellow, soft and juicy. Good for fresh eating, especially in colder climates. Freestone and self-fertile.



Pyrus x 'Summer Crisp'
Summercrisp Pear
1006282

Zone: 4

Height: 15-20 ft

Spread: 15-20 ft

Exposure: Full Sun

As its name suggests, it features a summer harvest generally with fruit ready to pick in mid-August. The sweet, 3-4" long Pears are best enjoyed right off the tree. If harvested before the skin yellows and stored in refrigeration, the fruits can last up to 6 weeks making it stand out among other Pears for keeping. Sweet and crisp, these Pears are excellent for summer fruit salads. Resistant to most diseases and pests.

'Summercrisp' does require another Pear variety to ensure proper cross-pollination and heavy fruit production.

Red Bartlett Pear is a good pollinizer!

Pyrus Flemish Beauty
Flemish Beauty Pear
1011931

Zone: 4
Height: 15-18 ft
Spread: 8-10 ft
Exposure: Full Sun

This large, vigorous tree produces fruit with mild, fine textured white flesh and a delicate aroma. Great for salads, desserts and fresh eating. Makes a good pollinator and is more cold tolerant.



Pyrus X Red Bartlett
Red Bartlett Pear
1000612

Zone: 4
Height: 15-18 ft
Spread: 10-12 ft
Exposure: Full Sun

This big, deep red skinned Pear matures starting in late August and continuing into late September producing a fruit that is very sweet and juicy with a white flesh that delivers a bit of grittiness that adds to the eating experience without being bothersome. 'Red Bartlett' is very productive and very easy to store for later use in baking projects and is one of the ideal Pears for canning. 'Red Bartlett' can be pollinated by any other non-Asian Pear. Summercrisp Pear is a good pollinizer!



Rubus Anne
Anne Raspberry
1004242

Zone: 4
Height: 5-7 ft
Spread: 5-7 ft
Exposure: Full Sun

If you like fall bearing Raspberries, 'Anne' is your choice for the best fall bearing yellow Raspberry. Think of 'Anne' almost a yellow version of the old red favorite fall bearer, 'Heritage'. 'Anne' offers the same big, sweet berries in big numbers in the spring and fall just like 'Heritage' only in a pleasing yellow, firm berry that your taste buds will thank you for.





Rubus Black Satin
Black Satin Thornless Blackberry
1006946

Zone: 4
Height: 5-7 ft
Spread: 5-7 ft
Exposure: Full Sun

'Black Satin' is vigorous and pest free making it extremely easy to grow in your garden. The thorn-free stems make picking a friendly, bloodless job that will reward you with oodles of berries on each stem, all of them in danger of never making it into the house since their great taste will have you eating while you pick! 'Black Satin' will love a sunny spot with well-drained soil and will only ask you for enough room to spread so it can offer you its bountiful yield.



Rubus Caroline
Carolina Raspberry
1001787

Zone: 4
Height: 4-6 ft
Spread: 4-6 ft
Exposure: Full Sun

Vigorous and productive, this selection of red raspberry sets the standard in its grouping for the best in fruit size and productivity. You will never come back in the house empty handed during the late July through August harvest period of this plant unless you eat everything you pick before you come in!



Rubus Polana
Polana Raspberry
1003653

Zone: 3
Height: 5-7 ft
Spread: 5-7 ft
Exposure: Full Sun

The worst thing about raising everbearing raspberries would have to be an early frost, especially in colder, northern areas While 'Heritage' is the standard bearer for everbearing raspberries, 'Polana' is better as you go further north with late season fruit ripening up to 3 weeks earlier than 'Heritage', offering you a long season of luscious, large, glossy red berries without the worry of losing them to frost just as they are hitting their prime. Tasty! easy to grow and raspberries in July and again in late August... it's a home fruit grower's dream!!

Rubus Jewel
Jewel Black Raspberry
1000768

Zone: 4
Height: 4-6 ft
Spread: 4-6 ft
Exposure: Full Sun

Excellent quality black raspberry. Fruit is large, glossy black with superb flavor. 'Jewel' is more disease-resistant than other black raspberry varieties.



Sambucus canadensis Adams
Adams Elderberry
1003311

Zone: 3
Height: 8-10 ft
Spread: 8-10 ft
Exposure: Full Sun/Partial Shade

This very attractive plant has a dense, round form chock full of deep green foliage, profuse flattened heads of June blooming, creamy white flowers, and piles of small dark blue to black fruit later in the summer. Butterflies dream about these flowers and visit in bunches, birds and small mammals find this plant's berries to be a favorite food source, and its bulky form is ideal for providing essential cover.



Strawberry Flavorfest
Flavorfest Strawberry
1007727

Zone: 4
Height: 4-6 in
Spread: 12-16 in
Exposure: Full Sun/Partial Shade

'Flavorfest' is an exciting advancement for backyard berry growers as well as the professional berry farmer. Extreme disease resistance is paired with deliciously flavored, large plump berries. Good option for organic gardeners with excellent disease resistance.





Strawberry Seascape

Seascape Strawberry

1006885

Zone: 4

Height: 6-8 in

Spread: 12-18 in

Exposure: Full Sun/Partial Shade

You'll be eating strawberries all season long with this very productive everbearing selection that gives you a multitude of medium to large berries starting in June. Fruit is firm and sweet tasting and will work perfectly for freezing or eating fresh.



Strawberry Sparkle

Sparkle Strawberry

1006886

Zone: 3

Height: 6-8 in

Spread: 12-18 in

Exposure: Full Sun/Partial Shade

'Sparkle' has been famous in the home garden for excellent flavor and high quality and small to medium sized berries that are perfect for jams and freezing. An extremely vigorous variety, 'Sparkle' is an excellent choice for beginning gardeners as well as old pros along with pick-your-own operations because of its high yields and great taste. Its later blooms will usually escape early frosts without injury making it one of the best choices for more northern gardens.



Vaccinium corymbosum 'Bluecrop'

Bluecrop Blueberry

1000288

Zone: 4

Height: 5-6 ft

Spread: 5-6 ft

Exposure: Full Sun

Consistent, easy to care for, and large, great tasting fruit... What more could you ask for in a blueberry?? This mid-season producer of great tasting blueberries has it all on an upright, open-growing bush that will be one of the best performers you've ever had in your fruit garden.

Vaccinium corymbosum Duke
Duke Highbush Blueberry
1000445

Zone: 4
Height: 5-6 ft
Spread: 5-6 ft
Exposure: Full Sun

Start your blueberry picking season off right with this excellent selection that offers high yields and sweet, seductive taste on big, deep blue berries starting in early July. This slightly tart, very firm berry is perfect for fresh eating but also one of the best berries for freezing, allowing you to enjoy 'Duke' long after its profuse crop has been picked.



Vaccinium corymbosum Jersey
Jersey Blueberry
1001137

Zone: 4
Height: 6-7 ft
Spread: 6-7 ft
Exposure: Full Sun

Big, burly, and productive, 'Jersey' is an old time variety that keeps on growing! 'Jersey' is laden with huge numbers of small- to medium-sized, sweet, dark blue fruit late in the season and is a consistent producer of perfect fresh eating or pie berries year after year.



Vaccinium corymbosum
'Northland'
Northland Blueberry
1003468

Zone: 3
Height: 3-5 ft
Spread: 4-5 ft
Exposure: Full Sun

One of the hardiest Highbush Blueberries available, 'Northland' is also one of the most compact, yielding loads of fruit on a dense, rounded bush. 'Northland' tolerates dry, acidic, poor soils, grows well even in partial shade, and tops off the year with a riveting display of searing purplish-red fall foliage color. This is one American Beauties plant that everyone will love!





Vaccinium corymbosum 'Patriot'

Patriot Blueberry

1000909

Zone: 3

Height: 4-5 ft

Spread: 4-5 ft

Exposure: Full Sun

We think this selection may be the best early season producer out there! Which other variety will give you such massive yields in such dense, rounded, compact package? 'Patriot' isn't only an incredible fruiting plant, it's an incredible landscape plant with superb, lustrous, deep green foliage and a fiery orange-red fall color that will stop you in your tracks!



Vaccinium corymbosum Berries

Galore

Berries Galore Blueberry

1008257

Zone: 4

Height: 4-5 ft

Spread: 3-4 ft

Exposure: Full Sun/Partial Sun

A combination planting of 3 different corymosum blueberries. An early, mid and late producer that will ensure a long berry picking season. Provides a "berry" long berry picking season!



Vitis Concord Seedless

Concord Seedless Grape

1004589

Zone: 4

Height: 4-5 ft

Spread: 18-24 in

Exposure: Full Sun

Dependability is without question on this easy to grow vine that will give you gobs of deep purple, sweet Grapes that have the added pleasure of being seedless. There may be no other Grape as multi-purpose for you to grow in your edible garden as it's spectacular for fresh eating when harvest time rolls around in early to mid-September or can be used in jellies and preserves with equal success. Like all heavy, woody vines, be sure to grow this selection with a strong wooded trellis or arbor for support in order to assure the best fruiting and health of the plant.

Vitis 'Edelweiss'
Edelweiss Grape
1014542

Zone: 3

Height: 8-10 ft

Spread: 3-6 ft

Exposure: Full Sun

Vigorous vines yield massive clusters of medium-sized green grapes. Use for fresh eating, juices, or wines. Great choice for locations with a shorter growing season due to being cold hardy and disease resistance.



Vitis Reliance
Reliance Grape
1001969

Zone: 4

Height: 4-5 ft

Spread: 18-24 in

Exposure: Full Sun

A superb red seedless selection, this introduction features sweet flavored, medium to large clusters of berries. Vigorous, relatively disease resistant, mid-season ripening.



Planting & Early Care of Fruit Trees

Planting in a good site can extend the lifespan of trees and enhance their ability to bear fruit. Soil depth, soil drainage, the potential for spring frost and the amount of sunlight are important things to consider when selecting a site. For peach trees and other tender fruits, higher elevations and sloping ground are preferable to lower sites or areas that are protected from wind since they tend to be warmer on the coldest nights when the sky is clear and the weather is calm. Select sites with good air flow and avoid areas surrounded by dense woodlots and low spots because cold air will be prevented from moving and lead to an inversion where the air is colder at lower elevation.

Trees are tolerant of a wide range of soil types, but need a minimum of 18 inches of soil. Many areas in Maine have shallow soil. Fruit trees planted in these areas are typically small or stunted and prone to leaning or falling over.

Soil pH should be in the range of 6.0 to 7.0. When the soil pH is below 5.5, trees will grow poorly. A soil test should be done before planting to determine the soil pH and how much lime is needed to raise it to within the optimum range. Adjusting the pH with lime is much easier before trees are planted. A soil test also measures the amount of nutrients contained in the soil. Prior to planting, fertilizer or compost can be tilled into the soil where deeper roots can absorb the nutrients they contain. Thoroughly mixing compost or fertilizer with soil will prevent the burning of roots. Most soils contain sufficient fertility for fruit trees, but soil pH is too acidic in areas where blueberries thrive.

All fruit trees should be planted in well-drained soil since flooding favors root rot and asphyxiation. Apple trees are very sensitive to flooding and can be killed by long periods in waterlogged soil.

Fruit trees are most productive when in full sun. In order for the tree to form flower buds and grow fruit, it requires sunlight.

To plant a tree, dig a hole wide enough to allow the root system to fit without the roots wrapping around the edge. The hole should be deep enough to allow the tree to be planted with the graft union just above the soil line. Dwarf and semidwarf trees should be planted with the graft union one to three inches above the soil. If the graft union is planted below the soil, roots will form on the trunk above the graft union, and the tree will grow to a full sized tree rather than a dwarf or semidwarf. Cover the roots with soil, putting nothing else in the planting hole. Adding fertilizer to the planting hole can burn the roots and stunt the tree. Compost and other fertilizers can be tilled into the soil before planting. Gently pack the soil in the hole to remove air pockets.

The trees should be watered after planting with two to five gallons per tree, added slowly so that the water soaks into the soil. When rainfall is insufficient, each tree can be watered at a rate of five gallons per week. Newly planted trees require water during periods of dry weather. However, avoid over-watering since the roots are very sensitive to flooding.

For best tree growth, remove weeds growing under the tree. They compete for water and nutrients, and create problems with trunk boring insects and voles. Bark or wood chip mulch can be used to inhibit weeds. Avoid straw or fabric mulch since they favor root rot and encourage voles, mice-like rodents, which feed on tree bark. When using herbicides to control weeds, avoid contacting the trunks of young trees since many herbicides can be absorbed through the thin bark and harm the tree. Allow groundcover to grow back in late summer to insulate the soil from freezing temperatures in winter.

